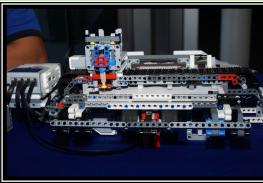
## Youth and Young Adults with Disabilities

## Youth Program Ages 14-26







We listen to our youth and provide empathetic peer support, one-on-one training, group workshops, all to prepare with transition to independent adulthood.

Support. Friends. Skills.

## **BUILD SKILLS & REACH YOUR GOAL**

- . Learn how to Self-Advocate
- **Learn to Network with Others**
- Confidence.
- Learn to set Goals & How to Accomplish them

## **Independent Living Skills Training**

- Leadership Skills
- S.T.E.M. Projects
- Networking

Self-Advocacy

- Peer Mentoring
- Socialization

For Questions or accommodations, Contact

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